



## 2023 UNIVERSITY AND TVET ENTREPRENEURSHIP OSCARS OLYMPIAD AND LEADERSHIP TRAINING BOOTCAMP

**Date:** Tuesday, September 26, 2023 – Tuesday, November 7, 2023.

**Venue:** County-based University or TVET.

**Objective:** To empower 1 million youth aged 10-34 through Mentorship and linking them to opportunities by December 31, 2026.

September 26 <sup>th</sup> Stepping In	October 3 <sup>rd</sup> SRHR	October 10 <sup>th</sup> Education	October 17 <sup>th</sup> Environment	October 24 <sup>th</sup> AEE	October 31 <sup>st</sup> L&G	November 7 <sup>th</sup> Olympiad
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September 26 <sup>th</sup> , 2023: I Choose Life - Africa Program: SRHR					
Objective	Activity	Duration	Time	Procedure	Facilitator
Get acquainted with the Shujaas	Introduction	5 Mins	3:00 pm	Introduce	
Opening Prayer and Remarks	Opening Prayer and remarks	5 Mins	3:05 pm	Volunteer to open with a prayer. CEO to give opening remarks.	
Sharing of M&E Tools	Conduct Baseline Survey	20 Min	3:10 pm	Participants fill the Baseline tool	
Understanding Organizational Culture and Core Values	<b>Group Formation (Zoo Game)</b> <ul style="list-style-type: none"> <li>Group Chants and Logo</li> <li>Selection of Leaders</li> <li>ICL Core values scoring board and award criteria.</li> <li>Setting of ground rules and levelling Expectations</li> </ul>	20 Min	3:30 pm	Participants taken through the ICL Core values scoring board and understand awarding criteria	
SEALs training Schedule unpacked	Unpacking the SEAL training <ul style="list-style-type: none"> <li>The Bridge Transformation</li> <li>Key Dates</li> <li>BCCG Delivery</li> <li>Thematic Events</li> </ul>	30 Mins	3:50 pm	Participants taken through the training schedule	
The commitment to being sexual responsible	The Egg Game	10 mins	4:20 pm	Small group game	
Refreshments and session evaluation	Refreshments and session evaluation	Session evaluation and Closure		4:30 pm	Departure





October 3 <sup>rd</sup> , 2023: I Choose Life - Africa Program: SRHR					
Objective	Activity	Duration	Time	Procedure	Facilitator
Opening Prayer and Remarks	Introduction	5 Mins	3:00 pm	Introduce	
Get acquainted with the Shujaas.	Energizer: Musical button factory	5 Mins	3:05 pm	Volunteer to open with a prayer. CEO to give opening remarks.	
Define campus culture and understand its relationship with sexuality	Campus Culture	10 Min	3:10 pm	Plenary session	
Identify and appreciate cultural influence on individual sexuality.	Ethos of the tradition and modern culture in relation to sexuality Sexual Ethos of the Past	20 Mins	3:20 pm	Participants taken through the training schedule	
To define Sexual Responsibility	Testing the waters	10 mins	3:40 pm	Energizer	
	An introduction to Sexual responsibility	10 mins	3:50 pm	Plenary discussion	
	Campus Culture and Sexual Responsibility Soda moja straw mingi	15 mins	4:05 pm	Video	
The commitment to being sexually responsible	The Egg Game	10 mins	4:15 pm	Small group game	
To explain the various kinds of STIs and HIV and identify their symptoms	A game when night falls	10 mins	4:25 pm	Large group exercise	
	An introduction to sexually transmitted infections	15 mins	4:40 pm	Small group activity and plenary interaction	
To learn about various drugs	Identification of various drugs	15 mins	5:05 pm	Group Discussion	
To identify risk factors and protective factors associated with substance abuse	Recognizing the risk	15 mins	5:20 pm	Group Discussion	
To define GBV and types of GBV	Understanding gender and sex	10 mins	5:30 pm	Quiz and group discussion	
	Understanding SGBV				





October 10 <sup>th</sup> , 2023: I Choose Life - Africa Program: Education					
Objective	Activity	Duration	Time	Procedure	Facilitator
Opening Prayer and Remarks	Introduction	5 Mins	3:00 pm	Introduce	
Get acquainted with the Shujaas	Energizer:	10 Mins	3:05 pm	Icebreaker/ Energizer	
Definition of life skills	Understanding life skills	15 Min	3:15 pm	Plenary session	
Increasing self-awareness and esteem	Joharis's window Self-esteem (Money illustration)	20 Mins	3:30 pm	Small group activity and plenary interaction	
To explain the meaning of decision-making and understand the process of rational decision-making	Meaning of decision-making Case study	15 mins	3:50 pm	Small group activity and plenary interaction	
To demonstrate the meaning, cause effects and ways of resolving conflicts	Conflict resolution and negotiation skills	10 mins	4:05 pm	Plenary discussion	
To equip participants with knowledge on digital literacy and responsible social media use	Digital literacy principals and concepts Social media safety and privacy	15 mins	4:15 pm	Small group activity and plenary interaction	
Refreshments and session evaluation	Session evaluation and Closure		4:30 pm	Departure	



October 24<sup>th</sup>, 2023: I Choose Life - Africa Program: AEE

Objective	Activity	Duration	Time	Procedure	Facilitator
Opening Prayer and Remarks	Introduction	5 Mins	3:00 pm	Introduce	
Get acquainted with the Shujaas	Energizer: Video on Employability by UNICEF on the YOMA platform	10 Mins	3:05 pm	Icebreaker/ Energizer	
To help the participants understand the key skills necessary to help them get into and grow in their employment path	Career development and CV writing skills	30 Min	3:15 pm	Plenary session	
Linkage to YOMA and YUNITOK platform to access necessary skills	YOMA YUNITOK onboarding	10 Mins	3:45 pm	Small group activity	
Position learners for business growth and development	Business Model Canvas	30 mins	3:55 pm	Small group activity and plenary interaction	
	Business Model Canvas activity	10 Mins	4:25 pm		
Refreshments and session evaluation	Session evaluation and Closure		4:35 pm	Departure	




**October 31<sup>st</sup>, 2023: I Choose Life - Africa Program: Leadership and Governance**

Objective	Activity	Duration	Time	Procedure	Facilitator
Opening Prayer and Remarks	Introduction	5 Mins	3:00 pm	Introduce	
Get acquainted with the Shujaas	Energizer: This will change you: Navy SEAL Admiral William H. McRaven	10 Mins	3:05 pm	Energizer: Video	
To equip the learners with knowledge that good governance lies in the kind of leaders we elect.	Key qualities of a good leader <ul style="list-style-type: none"> <li>Leadership styles</li> <li>Governance concepts</li> </ul>	15 Min	3:15 pm	Plenary session	
Planning Stage	Snakes and plates exercise	20 Mins	3:30 pm	Small group activity and plenary interaction	
To create a movement of SEALs that resist corruption	Definition of corruption Cost of corruption Raising a corruption-free generation	15 mins	3:50 pm	Plenary discussion	
Violent Extremism in Kenya	Picture gallery and class discussion on PVE terminologies and effects	15 mins	4:05 pm	Audiovisual presentation Plenary session	
Drivers of violent extremism	Push and pull factors	15 mins	4:20 pm	Small group interaction	
To increase youth understanding of the governance system and young people opportunities in Kenya	Budget cycle Budget documents Opportunities for citizen participation	20 mins	4:35 pm	Small group activity and plenary interaction	
Refreshments and session evaluation	Session evaluation and Closure		4:55 pm	Departure	

